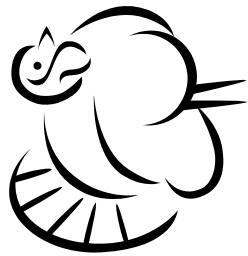


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20 South Walnut Street  
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Church



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# LINK

*"..so in Christ we who are many form one body, and each member belongs to all others." Romans 12:5*

**NOVEMBER 2011**

First Presbyterian Church  
20 S. Walnut St., Troy, Ohio 45373  
937 339 1317  
www.fpctroy.org

Dr. Richard B. Culp, Pastor  
Rev. Ed Sensenbrenner, Pastor Emeritus  
Kathy Wehrman, Program Director  
Mario Bolivar, PYC Director

I hope you have already made plans to join us on November 13<sup>th</sup> for Commitment Sunday. We will celebrate at least twice that day: the first celebration will take place in worship when we celebrate our commitment to our "Shining Our Light" capital campaign; the second celebration will be following the Sanctuary worship when we gather in the Social Hall for a Fiesta Celebration (please RSVP to the church office). Not only is everyone invited, but we really want everyone there because we also will be celebrating our connectedness to one another as we join together in our commitment to be the body of Christ in downtown Troy for generations to come. In a world that so often makes life an individual endeavor, we celebrate that we are committed to serving Christ together. I hope you will be there to be part of our celebration.

*Richard*

## November Worship Schedule:



Sunday, November 6	"The Gift" Luke 22: 14-23 Celebration of the Lord's Supper
Sunday, November 13	"A Celebration" 2 Corinthians 9: 6-15
Sunday, November 20	"The Power of Love" I John 4: 7-13 Christ the King Sunday
Sunday, November 27	"When God Comes Down" Isaiah 64: 1-9 First Sunday of Advent

## HARVEST TABLE

November 20th is Harvest Table Sunday, the Sunday before Thanksgiving, and many of us will be thinking of a big meal either at our own house or elsewhere. Unfortunately there are many who aren't in our position and are hoping for just some food, any food. That is where we come in!! We will have grocery bags for you to fill and bring in that Sunday and with those filled bags we will be giving a bit of hope and care from us. We will take the bags to The First Place Food Pantry to give to those in need of nourishment. Bags will be available starting Sunday, November 6th outside of the Chapel and the Sanctuary. Let's fill these bags with lots of our Christian love and help!

Thank you, The Worship Committee

## Cream of Wild Rice Soup

1 lg. onion, chopped  
1 lg. carrot (boiled a little beforehand)  
1 celery rib, chopped  
1/2 cup butter  
1/2 cup flour  
8 cups chicken broth  
3 cups cooked wild rice  
1 cup cooked chicken, diced  
Salt/pepper  
1 cup milk  
Chives



In large saucepan sauté onion and celery in butter. Stir in flour until blended. Gradually add broth. Bring to boil over medium heat; cook and stir for 2 minutes until thickened. Stir in milk; cook 3-5 minutes longer. Garnish with chives. Enjoy!!

Church phone	937-339-1317	Church Fax	937-335-7185
Website	www.fpctroy.org		
Minister to the congregation	Richard B. Culp	Ext. 102	rculp@fpctroy.org
Church Secretary	Vicki Montgomery	Ext. 100	churchsec@fpctroy.org
Program Director	Kathy Wehrman	Ext. 101	kwehrman@fpctroy.org
Chancel Choir Director	Kathy McIntosh		
Church Treasurer	Tom George	Ext. 104	tgeorge@fpctroy.org
Organist	Carol Cummings		
Custodian	Roger Deeter	Ext. 110	rd7926@hotmail.com
Link Co-Editor	Sue Gates		sdgatesoh@gmail.com
Website Editor	Jeannette Weaver	339-5211	fweaver4@woh.rr.com
E-Link Editor	Sue Gates		sdgatesoh@gmail.com
Link Deadline—2 days after	All committee	meetings	

# Parish Health

go nuts!!!!

## 1. ALMONDS

**GOOD FOR YOU** BECAUSE THEY HELP LOWER LDL (BAD) CHOLESTEROL AND REDUCE DIABETES RISK

- ▶ Stash some in your golf bag for a quick pick-me-up. 169 calories, 14.7 g fat, 3.1 g fiber per ounce (22 nuts)

## 2. MACADAMIAS

**GOOD FOR YOU** BECAUSE THEY'RE RICH IN HEART-HEALTHY MONOUNSATURATED FATS

- ▶ Macadamias are higher in saturated fat than other nuts, so shoot for no more than an ounce per serving. 204 calories, 21.5 g fat, 2.3 g fiber per ounce (12 nuts)

## 3. WALNUTS

**GOOD FOR YOU** BECAUSE THEY CONTAIN NEARLY TWICE THE ANTIOXIDANTS OF OTHER NUTS

- ▶ Sprinkle some on cereal, mix into low-fat yogurt or toss into salads for a satisfying crunch. 175 calories, 16.7 g fat, 1.9 g fiber per ounce (14 halves)

## 4. CASHEWS

**GOOD FOR YOU** BECAUSE THEY'RE PACKED WITH MAGNESIUM, WHICH KEEPS BONES STRONG

- ▶ Whirl in a blender with olive oil and spread on toast. 163 calories, 13.1 g fat, 0.9 g fiber per ounce (18 medium nuts)

## 5. PISTACHIOS

**GOOD FOR YOU** BECAUSE THEY HAVE FEWER CALORIES AND MORE POTASSIUM THAN MOST OTHER NUTS

- ▶ Swap them for pretzels: A recent study found pistachio eaters managed their weight better than people who ate the carbohydrate-based snack.

161 calories, 12.7 g fat, 2.8 g fiber per ounce (49 nuts)

## NOTES FROM THE PASTOR



**Book Corner:** With the approach of Christ the King Sunday (November 20), the last Sunday in the liturgical calendar, and the First Sunday in Advent (November 27), it might be interesting to read The Irrational Season, by Madeleine L'Engle. The book contains a collection of essays L'Engle writes as she travels through the liturgical calendar in her life. She does not provide a commentary on the colors of Advent or the rationale for having a liturgical calendar; rather, she explores how the rhythm of the liturgical calendar is also found in the rhythm of her own life. Or, perhaps more accurately, she discovers how the themes of the liturgical calendar can provide a framework for understanding the cycles in her own life.

**Liturgist Sign-up:** If you would like to share your gift of worship leadership by being a liturgist in 2012, please contact Lucy Sanders ([prescott@erinet.com](mailto:prescott@erinet.com)) or the church office ([churchsec@fpctroy.org](mailto:churchsec@fpctroy.org)). If you are already on the Liturgist list, we will include you on the 2012 list, unless you notify us otherwise. Liturgists generally help lead worship 2-3 times a year. If you are only available for one of the services, we can still find a spot for you.

RICHARD'S PREACHING BLOG



<http://whatisrichardpreaching.blogspot.com/>



# CAPITAL CAMPAIGN INFO "Shining Our Light"

NOVEMBER 13  
COMMITMENT SUNDAY &  
ALL CHURCH EVENT

A lunch will be served after the 11:00am service on November 13th in conjunction with **Commitment Sunday**. All are invited to join in. Please RSVP "yes" when you are called. A Mexican fiesta will be served, with vegetarian options available.  
Please join the celebration!

"Shining Our Light" T-shirts have been designed to enhance the awareness that First Presbyterian Church is a very important part of the downtown community of Troy. Our ministry and outreach programs are vital in spreading the "Good News." Show your spirit and shine your light! The T-shirts will be available for \$8 beginning October 2. We have adult sizes S-3xl and more can be ordered. Call Lori Graff at 332-7377 for more information.



We are 13,000 Presbyterians in 62 congregations in Southwest Ohio.  
*Grace to you and peace, in the name of our Lord Jesus Christ.*

## Miami Valley Presbyterians support Homeless Clinic

Standing in the center of the new six exam room medical center at the Samaritan Homeless Clinic, the Rev. **Judith K. Barr** celebrates the progress of ministry with the homeless in Dayton/Montgomery County. The Clinic, located at 921 S. Edwin C. Moses Blvd, Dayton, provides holistic health care each year to more than 2,000 patients. In 2010, the count was 2,194 patients in 11,036 visits. To tell the whole story, photos would include the four-room dental center, the counseling and social work treatment areas, the classroom for group instruction, the donations room, the consult room, and the three apartments which provide "home care for the homeless." After four years in a makeshift former car dealership and 15 years in a crowded basement, the Samaritan Homeless Clinic moved into a remodeled facility planned just for their work. The new Clinic facility gives witness to the Presbyterians who have invested in this ministry, especially those from Westminster Presbyterian Church, Dayton, where Judith served as Certified Educator for 10 years. Placards outside the rooms identify those donated by Westminster Presbyterian Women, **Virginia and Ed Gray, Judith A Stolle** and the Training Kitchen given in loving memory of **James H. Eshbach**. Among Jim's many contributions, Jim chaired the Education Committee and initiated the first church family retreat at Kirkmont Center.

Other Miami Valley Presbyterians have contributed financial support for health services through Presbytery of the Miami Valley's Northminster Fund (dental), church mission budgets, Presbyterian Women groups, individual and in kind donations. Bath Presbyterian Church, Dayton, keeps the Clinic supplied with toiletry kits in bags which do not mark the bearer as homeless. The Clinic for the homeless is a mission in which we all have shared since Presbytery of the Miami Valley ordained Judith to this specialized ministry.



Judith welcomes visits and tours by church groups and is grateful for all the support given to her and the Clinic. Call 937-461-1376 to arrange for a tour.

## "Kids in the Country"



28 kids (and many helpers) went to Fulton Farms for an afternoon of fun, campfire food, songs, games and learning about the Armor of God !!

## CAPITAL CAMPAIGN INFO FROM THE PRAYER LEADERS

Merle Neumann and Jo Hermes, the Capital Campaign Prayer Leaders, have asked each of you to please commit to praying the following prayer daily:

*"Lord, what do You want to do through me to fulfill Your will for our church?"*

Merle and Jo are inviting everyone to a Prayer Meeting that will be held every Tuesday (a little after 5:00pm) at the church. This will run through the beginning of December. Please let them know if you will attend.

Please pray for:

Tuesday: Tom George and Elders

Wednesday: Office team; Vicki, Kathy W., Sue G.

Thursday: Richard - sermon/pastoring and the Stephen Ministry

Friday: Music Team, Kathy Mc, Carol C., Brenda

Saturday: Church School Teachers

Sunday: Mario, youth and Trustees' needs

Monday: Roger Deeter and Deacons

## PYC (Presbyterian Youth Connection) November Schedule:

November 4, 5 & 6 / Blevins House Sr. High mission weekend  
 November 13 / Movie Night @ FPC Troy 5-7:30pm  
 November 20 / Ice Skating—Meet @ FPC Troy 2-4:00pm  
 November 27 / No PYC day! :(



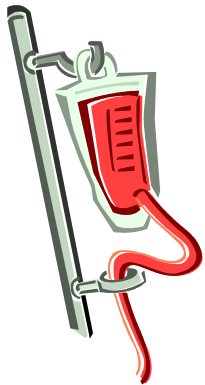
## FPC Child Care Schedule

Nov 6		Caroline S.	Carol Riggle	G. Riggle
Nov 13		Michael S.		
Nov 20				
Nov 27				

Please contact Dee Mahan if you can help fill in some of the above child care dates.  
 Thank you !!!

## bloodmobile

Wednesday  
 November 30th  
 12N-6pm  
 In the FPC Social Hall



## The Final Dance

A two-day symposium to learn the steps when someone you love and care for is dying, when you want to be prepared in advance for your own final dance, when you want spiritual/theological conversation, when you just need some information to ponder and talk over with someone who can help.

Mark your calendar for January 24 and  
 January 26.  
 6-8:00pm, includes dinner.

# November Birthdays



November 1	Cameron Buerger Cristian Ruiz
November 2	Charlene Lemerand Jo Plunkett
November 4	Derrick Caruso David Hoffman
November 5	Ann Sanders Joe Simpson
November 8	Eric Taylor
November 9	Bob Hephner Ryan Gore
November 11	Tom Burton
November 11	Toni Caruso
November 12	Barbara Shepherd John Treasure Nicci Dresden Shawna MacGillivray
November 13	Sherry Kerns Dick Colley
November 14	Bob Jones
November 15	Bryan Harvey Kelly Rhoades
November 16	Drew Hargrove
November 17	Matt Baker
November 21	Bennett Goodall
November 22	Brenda Browning
November 23	Mareta Headapohl Sue Gates Helen Knudtson Gretchen Riggle
November 24	John Headapohl Florence Coyle Brad Sanders
November 26	Marvin Buchanan
November 27	Liz Gregg
November 28	Ruth Copp
November 29	Steve Pettit

# THE UPPER ROOM

## DAILY DEVOTIONAL GUIDE

The Upper Room devotional guides for November and December are available in the Narthex, the Lower Gathering Area and by the Chapel Entrance.  
Help yourself!

## Challengers

On Saturday evening, November 12th, the Challengers are hosting a three-course *Progressive Dinner* with the last stop being at the church for dessert and a Silent Auction. We would love for you to join us. Please call or e-mail Barbara Werth (339-20006; [bbwerth1@hotmail.com](mailto:bbwerth1@hotmail.com)) or Stephanie Collier (339-5980; [sascsu@woh.rr.com](mailto:sascsu@woh.rr.com)) for more information and/or to make reservations. Proceeds from the Silent Auction will go towards helping to provide Christmas joy for one or more local families.



## ADVENT DINNER & PLAY December 4th

### THE STAR OF ADVENT

A musical comedy for your holiday enjoyment!  
**Sunday, December 4th**

Begins with dinner at 5:00pm in the Social Hall

Just exactly what happens behind the scenes as an  
Advent Play comes together?  
Join us as we have fun with song,  
dance and comical conversations as the cast brings  
us the Star of Advent!

For the dinner please bring a dish to share.  
Remember to bring a serving for 8-10.

A-G salad  
H-M veggie  
N-Q starch  
R-Z dessert

We will provide meat, rolls and beverages.  
Provide your own table setting.  
Hope to see you there!



## Partners in Hope Christmas Shoppe

Partners in Hope is asking for the community's support of our Christmas Shoppe to serve those families in Troy and Casstown in need this year. Last year, Partners in Hope served 180 families and 402 children.

Families will sign up through Partners in Hope starting on Tuesday, November 1<sup>st</sup> and be given a day and time to come and shop for their children. Each child will receive three gifts based on the gifts Jesus received from the wise men. Each child will also receive a book from Altrusa and each family will be given a dozen cookies.

We need and are asking for your generous support of our Christmas Shoppe by donating the following. ***Items can be placed in Partners in Hope boxes placed at your church.***

New toys (no clothing)  
Cash or checks  
Canned or non-perishable foods  
Wrapping paper, tape or ribbon

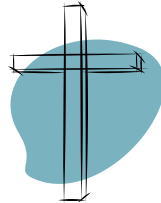
Any cash or checks may be mailed or dropped off to Partners in Hope at 116 W. Franklin Street, please mark Christmas on your donation. If you would like, you can also drop off any of the above items at First Lutheran Church, 2899 W. Main Street, on Monday, November 28<sup>th</sup> or Monday, December 5<sup>th</sup> from 10:00 a.m. - 1:00 p.m. If you need to drop off at another time, please contact Joyce at 937-681-1048 or Kelli at 937-335-0448 to make arrangements.

The Christmas Shoppe will be held on December 13<sup>th</sup>, 14<sup>th</sup>, and 15<sup>th</sup> from 6:00 p.m. - 9:00 p.m. If you have extra time and want to volunteer to help, please contact 937-335-0448 for information on signing up. All volunteers on the three nights must be at least 16 years old.  
**Thank you for your continued support!**

## 2011-2012 CONFIRMATION CLASS

Please pray for the following confirmands (and their mentors!) as they learn what it means to be a disciple of Christ:

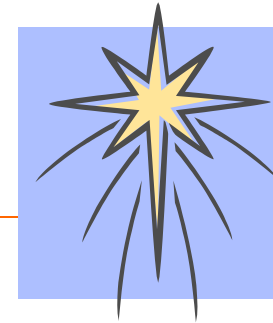
Grayson Galentine—Mentor; Glen Eppleston  
Marc Senseman—Mentors; Ellen Luken & Marge Mauntler  
Allie Douglas—Mentor; Elizabeth Collier  
Rachel Culp—Mentor; Ellen Prescott  
Alex Gainer—Mentor; Dave Hargrove  
Claire Buerger—Mentor; Amy Harvey



## KIDS FOR CHRISTMAS

Wednesday  
December 14th  
5:30—7:30pm

Dinner, caroling, "The Story" as told by a star  
and fun for the holidays!!  
Join us!!!



## FPC BICENTENNIAL 200

The Bicentennial Committee invites everyone interested in participating in the planning of the celebration of FPC's 200<sup>th</sup> anniversary to join us at our meetings on November 9 and November 29 at 7:00 pm at the church. Contact Teri Okrutny at 238-0525 or [topcat1292@yahoo.com](mailto:topcat1292@yahoo.com) for more information. Hope to see you there!

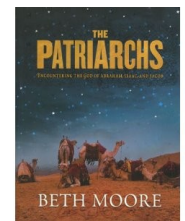
### Bicentennial Logo and Slogan Contest

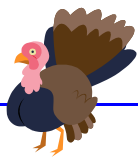
The Bicentennial Committee is seeking ideas for a logo and slogan for the celebration of the 200<sup>th</sup> anniversary of the organization of First Presbyterian Church of Troy. Entries should be submitted to Teri Okrutny no later than December 31, 2011.

## Monday Evening Bible Study


Our Monday Evening Bible Study is studying *The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob*—A DVD Bible study by Beth Moore.

We meet Mondays at 7:00pm at the church. The 11 week study will take a break in December and restart in January. Call Vicki Elliott or Dianne Niece for more info.





# November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 5p Prayer Mtg. 6p Exercise Class 7p Session Mtg.		2	3 9a Tipp Coffee Group 6p Exercise Class 7:30p Thurs Eve Circle	4 PYC to Blevin's House	
<div style="border: 1px solid black; padding: 5px;">           AA Mtgs: Thursdays @ 7:00p            Alanon Women's Mtg: Mon @ 6:45p            Breakfast Club: Mon-Fri 9-10a         </div>							
6 <i>Communion Sunday</i> 8:30a Chapel Service 9:15a Choir Rehearsal 9:30a Church School 11:00a Sanctuary Service	7 9:30a Serendipity 7p Mon Eve Bible Study 7p Endowment Comm. Mtg.	8 5p Prayer Mtg. 6p Exercise Class		9 6:30p Winan's Coffee Group 7p Bicentennial Mtg.	10 9a Tipp Coffee Group 6p Exercise Class 7p Deacon Mtg. 7:30p Trustee Mtg.	11 Veterans Day	12 Challeng- ers
13 <i>Commitment Sunday</i> 8:30a Chapel Service 9:15a Choir Rehearsal 9:30a Church School 11:00a Sanctuary Service 12N All Church Event	14 9:30a Serendipity 7p Mon Eve Bible Study 7p Mission Mtg.	15 5p Prayer Mtg. 6p Exercise Class 7p Comm. Mtgs.		16	17 <b>** LINK deadline**</b>  9a Tipp Coffee Group 6p Exercise Class	18	19
20 <i>Harvest Table</i> 8:30a Chapel Service 9:15a Choir Rehearsal 9:30a Church School 11:00a Sanctuary Service	21 9:30a Serendipity 7p Mon Eve Bible Study 7p I & S Mtg.	22 5p Prayer Mtg. 6p Exercise Class 7p Steph Min. Mtg.		23	24  THANKSGIVING	25 Church office closed	26
27 <i>1st Sunday of Advent</i> 8:30a Chapel Service 9:15a Choir Rehearsal 9:30a Church School 11:00a Sanctuary Service	28 9:30a Serendipity 7p Mon Eve Bible Study 7p Prayer Shawl	29 5p Prayer Mtg. 6p Exercise Class 7p Bicentennial Mtg.		30 12N-6p Bloodmobile			